



# The Beacon

September 1, 2011

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## Our Mission

"The mission of the Lighthouse Shelter is to decrease the incidence of domestic violence and sexual assault through community awareness, counseling, shelter,

## A Heartfelt Thank You to our Donors

We are writing to express our deepest thanks for the donations we have received recently at the Lighthouse Shelter and our Lighthouse Thrift Store. The generosity from our donors provides the financial and moral



support needed to continue our mission. Your support repeatedly plays a key role in our success in helping domestic violence victims and their families.

The items donated by the following citizens consist of dishes, blankets, washer & dryer set, small TVs, household items, couches, chairs, toys, tables, coffee pot, bunk bed, clothing, dishwasher, dressers, full bed frame, box spring, baby clothes, books, lamp, queen mattress & box spring, desks, full size frame & head board, chest, hangers, side tables, bedding, coffee table, record player, refrigerator, crib, entertainment center, ride on toys, sofa sleeper, recliners, tread mill, kitchen items, lawn chairs, heater, and several miscellaneous items.

Sue Wise	Mellissa Jones	Becky Perkins	Mary Ann Amos
Kathy Mills	Mary Broaddon	Gloria Danino	Alita Wilson
Gara Morton	Felicia Davis	Jay Bristel	Ken Lewellen
Laura Johns	Angela Gaba	Ricky Donnell	Rhonda Mabrey
Rheta Hardeson	Bailee Copas	Tommy Land	June Harden
Bueker Office	Sarah Coslet	Alice Perkins	Betty Sims
Christi Bentley	Mike Cox	Margie Powers	Linda Bunse
Pat McClintock	Norma Gorrell	Rita Adams	Brandi Kennedy
Marie Smith	20/20 Optical	Suzie Stallings	Mary Van Oppen
Cynthia	Karen Guthrie	Penny Wolfe	Mike Marsh

direct services, and support groups."

### Needs List

- \*Children's Board Games
- \*Light Bulbs
- \*Trash Bags 13gal
- \*Postage Stamps
- \*Women's Deodorant

### Make a Contribution

Donate



### Upcoming Events

#### October 6th- "Helping Handbags"



Join us Thursday, October 6th, at the Martin Community Center from 5:30- 7:30PM for our 2nd annual "Helping Handbags" event. If you like to donate a bag, or have your business sponsor a bag, please contact us at 660.886.9880

Find Us on Facebook!

Crawford			
Cato	Sidney Eitle	Jill McGuire	Edward Richards
Wal-Mart	Mary Cult	Gayle Williams	Dan Steele
Sandy Newton	Levon Perkins	Elaine Gibson	Debbie Saunder
Kristal McGraw	Jeanie Tucker	Ann Wilson	Rhonda Sullivan
Mae Arnold	Claira Van Winkle	Jessie Boyd	Eleta Salmonson
Bill Livengood	Mr. & Mrs. Henry	Donna Keller	Sally Boland
Jennifer Stephens	Tammie Beharens	Shirley Poindexter	
Mr. & Mrs. Katemann	United Pentecostal Church	Cherly Spiegelhalter	Presbyterian Church (Slater)

## Teen Dating Violence: Warning Signs

Sudden changes in a teens behavior is typical, but if your teen is in a relationship it might be the relationship causing the behavior changes. To get to the bottom of why your teen is acting the way he/she is, try talking to them. If they won't talk about it you can still watch for certain signs or ways they act to find out if it is the relationship affecting them.



### WARNING SIGNS:

- Failing grades or dropping out of school activities.
- Avoiding friends.
- Difficulty making decisions.
- Sudden changes in mood or personality, becoming anxious or depressed, acting out, being secretive.
- Bruises, scratches, or other injuries.
- Changes in eating or sleeping habits, avoiding eye contact, having crying jags or getting hysterical.
- Constantly thinking about dating partner.
- Using alcohol or drugs.
- Pregnancy ó some teenagers believe that having a baby will help make things better; some girls are forced to have sex.
- They become secretive since the relationship started.
- They have recently become very critical of their appearance, talents or abilities.



**Friend us on Facebook to find out the weekly "Miche" special at our Lighthouse Thrift Store!**

### **Do you realize?**

"As of July 31, 2011, the Lighthouse Shelter has received **98 hotline calls**".

### **Lighthouse Shelter Board Members**

**Judy Kays**

-Board President

**Chandra Keuhn**

-Vice-President

**Margaret Cott**

-Secretary/Treasurer

**Elizabeth Kennon**

-Board Member

**Wilma Garrett**

-Board Member

**Michelle Hanson**

-Board Member

**Carol Brown**

-Board Member

**Tom Butler**

-Board Member

### **Lighthouse Shelter Employees**

**Debbie Wallace**

-Executive Director

**Chris Piland**

-Accountant

**Lacey Sullivan**

-Marketing Communications Coordinator

**Melody Smith**

-Counselor

**Jess Cooley**

-Shelter Manager/Victim

- There are bruises they cannot explain or appears nervous about explaining.

Talking about these things early on in a teens life is more effective than some parents realize. Parents sometimes think that "my child knows the difference between how they should and shouldn't be treated", but sometimes the teen doesn't. Teens might go along with a bad relationship because they might assume that is a normal relationship. Preventing this experience from happening to your teen, means you as the parent need to realize that they are not a child anymore and these adult experiences will start happening to them. Do not feel guilty if you yourself cannot talk your teen out of an abusive relationship, it is a community effort with plenty of people ready to help. By getting family, friends and/or people who have been in that situation or know someone who has been in that situation could really open the eyes of the teen. Look also in your local phone book or the internet will list crisis centers, teen help lines, and abuse hotlines. These organizations have professionally trained staff to listen, understand, or call the Lighthouse Shelter at 660.831.0988 or toll free at 888.831-0988.

References:

Tripp Underwood, "Warning signs for identifying teen dating violence", *Thriving, Children's Hospital Boston's Pediatric Health Blog*, July 6, 2011, accessed August 16, 2011

Reviewed by Michelle New, PhD, "Abusive Relationships" *Teen's Health-The Nemours Foundation*, August 2010, accessed August 2011

## **The Lighthouse Thrift Store**

The Lighthouse Thrift Store celebrated its 7th year anniversary in July. In appreciation for the continued support from the community, the thrift store had a "Customer Appreciation Day" and a storewide sale, even on MICHE products! However, that is not the only sale the Lighthouse Thrift Store has, here are some sales that are going on right now!



Advocate

**Tammy Anderson**

-Shelter Support Advocate

**Karen Moss**

-Outreach Advocate

**Jeanie Page**

-Case Manager

**Sharon Fifer**

-Shelter Support Advocate

**Mirian Umana**

-Bilingual Advocate/Children's  
Program Coordinator

**Mandy Baker**

-Part-Time Advocate

**Linda Ballenger**

-Thrift Store Manager

**Courtney Hoyes**

-Thrift Store

**Lavona Lawton**

-Thrift Store

**Lois Crawford**

-Thrift Store

**Barbie Perkins**

-Thrift Store

**Bonnie Paige**

-Thrift Store

**Travis Breshears**

-Maintenance

**Trey Thomas**

-Maintenance

**Employee Soptlight**

**-Melody Smtih**

Congratulations to  
Melody Smith!

She has  
been with  
the  
Lighthouse  
Shelter  
for 3  
years  
now!



Melody,  
originally from Slater,  
first became involved  
with the Lighthouse  
Shelter when she  
moved to Marshall and  
decided that she  
wanted to volunteer  
with us, but was not



**\$5 Bag Sale!**

Fill a bag at the store with clothing, shoes, belts,  
or anything you can wear; you will get the  
entire bag for only \$5!

**Featured MICHE of the Week ~Daisy**  
Friend *The Lighthouse Shelter* on Facebook and  
check every Monday to see the MICHE  
special of the week!



If you would like to donate your items to the Lighthouse Thrift  
Store just give us a call and we will come pick them  
up! Remember all of the items donated to The Lighthouse  
Thrift Store are tax deductible. Just ask for a receipt!

The Lighthouse Thrift Store is located at:

225 E. Eastwood St.

Marshall, MO 65340

(660) 831-0406

[thriftstore@thelighthouseshelter.org](mailto:thriftstore@thelighthouseshelter.org)

Store hours are:

Monday - Saturday

9:00 a.m. - 6:00 p.m.

**The Open Door that never closes...**

-a survivor's story

To all of the Lighthouse Crew,  
I never have had the chance to  
thank you for all that you have  
done for me and my kids. Your  
shelter helped me when I was  
in a desperate situation. I  
moved up here in a U-Haul



with all that I could bring, I had no vehicle, no house or job.  
My children weren't very happy with the move at first but  
have come to adjust quite well. Because of your shelter, I was  
able to get up on my feet and start over. Everyone in the  
shelter was so helpful and thoughtful and made it easier for me  
to accept all the changes I was going through. You even  
adjusted things in the shelter because of my disabled son by  
putting a ramp on the stairs and even helped me take my older

able to for very long. When she learned that there was an opening for a part-time counselor's position at the Lighthouse Shelter, Melody made contact again. "I have a passion for counseling and when I learned I would be helping women of abusive relationships, I definitely wanted to help. When Melody is not counseling with the Lighthouse Shelter she is the Process Coordinator at Bueker Middle School in Marshall and she has been there for 11 years. Congratulations Melody, we are so lucky to have you as part of our team!

kids to school! You helped me to be a stronger person, just knowing I did have someone I could lean on and I wasn't alone! I wanted to update you on how my children have changed for the better because of you being able to help me through a rough time in my life. You continue to have your door open to me if I happen to need any other help also, you don't stop when a person leaves! My oldest is a MP in the Air Force, my middle child is graduating from high school, and my youngest is still going strong! Thanks again for everything! You have made a difference in our lives and I will never forget it! Keep up the good work!

Much Love,  
Survivor

**Thank You for Your Support!**

